## Feng Shui

## Front entrance Feng Shui refresh



... continued from Page D1

- 4) Narrow roads choke Qi to the house and need a water fountain and bird feeders in front so good news always travels toward your door;
- 5) Adjust uneven land placing lights, grounding/heavy objects/sculpture, or plant flowers, or place conversationally arranged outdoor seating vignettes.

To ensure our front entrance is doing its job of welcoming positive Qi into our homes, remember the front entrance door is the first of "The Three Pillars" or power areas of the home. (The second pillar is the master bedroom/bed placement and the third is the kitchen/stove placement.) A few must-do front entrance Feng Shui tips:

Ensure the house numbers are displayed horizontally versus vertically, and are visible, above eye level, easy to spot, and placed before the driveway so Qi flows to the front door versus rushing past the home;

Paint the front entrance door a lively, eye-catching, Qi-attracting color like red, yellow or tangerine;

If you see garage doors instead of the front entrance, the Feng Shui adjustments might include landscaping lighting that points toward the front door, an artistic welcome sign, or thoughtfully placed directional arrows that point toward the front door;

Place healthy eye-catching and Qi-attracting activating flowers or red fruit trees so they flank the door or are at least in the front yard near the front door;

Front entrance doors should ideally be solid construction materials, any glass is best along the top of the door for security reasons, maintain a proportionate sized door to the size of the home, so definitely no double front doors on smaller homes;

Actively enter your home using the front door and even if you enter your home via a secondary door make sure to ask guests to use the front door;

Front entrance welcome mats should be colorful and fit the door frame size so not smaller than the dimension of the door frame;

Landscaping and house lights are a must at the front entrance area; If possible a meandering path is best, versus straight paths to the door;

And placing a soothing water feature fountain and one tinkling metal chime in front, it would nearly be complete!

If we've learned anything in COVID it is all about impermanence and change. Embracing this can help you make small changes and then perhaps tweaking and adjusting and adding Feng Shui over time. Notice what shifts. Create mindful changes and work at your own pace, listen quietly and then intuit what comes next for you in your space. If the vibe at home suits you then you will have accomplished the single most important Feng Shui aspiration!

If you have before and after pics of your front entrance I would be honored to review your good Feng Shui efforts so please email me at spaceharmony@gmail.com.

Happy Summer to all!

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2020 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.





